#### NAILS

#### Manicure on 4th

45 mins | \$45 (polish OR paraffin AND massage)

**30 mins** | \$35 (shape and polish)

**15 mins** | \$25 (polish change)

#### Pedicure on 4th

**75 mins** | \$85 (polish, paraffin, and foot massage)

**60 mins** | \$75 (polish or paraffin)

**45 mins** | \$65 (polish or massage)

**30 mins** | \$35 (soak and polish)

#### Add-ons

• French polish or paraffin: +\$10

• OPI GelColor with mani OR pedi: +\$20

· Gel/Shellac removal: +\$20

\*Paraffin is not suitable for people with sensitive skin, diabetes, varicose veins, or hypertension.

#### TINTING

· Lash: \$30

• Brow: \$20

· Lash + Brow: \$40

· Lash Lift or Curl + Tint: \$100

#### JANE IREDALE

#### Makeup Lesson

**30 mins** | \$45

#### Eye Lesson

**30 mins** | \$25

#### **Makeup Application**

**45 mins** | \$75

**45 mins** | \$45 with a facial and body treatment

#### Electrolysis

**10 mins** | \$20

**15 mins** | \$25

**20 mins** | \$30

**30 mins** | \$40

**45 mins** | \$50

45 111115 | \$5

**60 mins** | \$60

#### GUINOT

ÉMINENCE

jane iredale

dermalogica



 $N \overline{\cup} F A C E$ 

#### WAXING

· Arms - Full: \$40

· Arms - Half: \$30

Back: \$45

· Back + Shoulders: \$60

• Bikini: \$30

Bikini – French: \$40

Brazilian: \$60 (rebook \$45)

• Brows: \$25

· Brows, Lip, Chin: \$60

· Chest: \$30

Legs - Full: \$65

Legs – Half: \$45

· Full Leg + Brazilian: \$95 (rebook \$80)

· Half Leg + Brazilian: \$80 (rebook \$65)

· Full Legs & Bikini: \$80 (French \$85)

· Half Legs & Bikini: \$55 (French \$60)

Shoulders: \$20

· Upper Lip or Chin: \$20

\*Please go to spaon4th.com for more options

#### EYELASH EXTENSIONS

• Classic set: \$90 | 1-1.5 hrs

· Classic Fill: \$70 | 1 hr

Hybrid Set (classic/volume set): \$120 | 2 hrs
 Hybrid Fill (classic/volume set); \$95 | 1.5-2 hrs

## SPA AMENITIES

Our luxurious three-storey location is 3000 sq<sup>2</sup> with complete amenities to serve you, including:

- Two Vichy shower wetrooms
- Men's and ladies steam and change rooms
- · Skylit relaxation lounge
- Couples massage room

Mountain view manicure and pedicure lounge

All guests are welcome to a complimentary steam with any facial, massage or body treatment.

# WHATEVER YOUR PLEASURE, WE HAVE A BLISSFUL TREATMENT FOR YOU

Go to spaon4th.com for hours, updates and information.

If you can't make it, please let us know at least 24 hours in advance for one treatment, 48 hours for two or more treatments, and 7 days for groups.

All no-shows are charged in full.

#### Book your bliss today:

604 732 4402

info@spaon4th.com | spaon4th.com 2185 W 4<sup>th</sup> Avenue, Vancouver BC V6K 1N7





GO ON,

# SPOIL YOURSELF

We've been the oh-so-enjoyable, peaceful place that guests come to for self-indulgence and utter bliss since 1982. So we're well versed in *ooooh*, *ahhhh*, and all sorts of *ohmmm*.



#### DERMALOGICA

#### TimeSmart Facial | \$130

60 minutes of professional skincare customized to your needs.

#### SkinSmart Facial | \$150

75 minutes of professional skincare customized to your needs + high performance mask.

#### Pro Calm 60

Dermalogica's Pro Calm 60 targets a range of sensitive skin conditions, including eczema, rosacea, psoriasis, visible redness and dryness.

60 mins | \$130

#### **Target Treatment Time**

A 25-minute quick fix for dull skin, bothersome breakouts, or blackhead removal. Choose the treatment that's right for you:

- · Vitamin Exfoliation
- · Hydration Boost
- · Blemish Clearing
- · Redness Relief

Single treatment | \$50

Two treatments in one visit | \$95

#### **NUFACE**

NuFACE is the ultimate instant gratification treatment for anti-aging. We massage your skin with a micro current device that improves facial contour, skin tone, and reduces wrinkles. Results typically last 1–3 days.

Add NuFace lifting to a facial | \$25 NuFace Lifting Treatment | \$50

# ÉMINENCE ORGANICALLY CERTIFIED FACIAL

Customized organic facial using the freshest organically grown fruits, vegetables and herbal ingredients.

**60 mins** | \$130

#### ÉMINENCE EXFOLIATING FACIAL

Customized organic facial with a greater focus on exfoliating and brightening.

75 mins | \$150

#### SUMMUM BY GUINOT

#### Age Summum Facial | \$140

This 50-minute facial smoothes horizontal wrinkles and lines while lightening dark spots.

#### Lift Summum Facial | \$140

This 50-minute facial addresses vertical lines and wrinkles of the face, neck, and chest.

#### HYDRADERMIE BY GUINOT

#### Double Ionization | \$150

75-minute treatment with high-performing natural active ingredients.

#### Lift | \$150

75 minutes of muscle stimulation to restore the skin's volume.

#### Deluxe \$190

Treat your skin to 90 minutes of combined bliss: Hydradermie Double Ionization and Lift facial.

#### Eye-lifting | \$55

30 minutes to eliminate puffiness, dark circles, and fine lines.

#### **Brighten Up!**

Revitalize your skin with a cocktail of vitamin concentrates.

45 mins | \$125

60 mins | \$135 (incl. face massage + facial equipment)

#### FACIAL ADD-ONS

#### Add a back massage to any facial

15 mins | \$35 30 mins | \$55

#### **Back Purifier**

**30 mins** | \$55 (with a facial) **45 mins** | \$80 (alone)

#### MICRODERMABRASION

Face 30 mins | \$120\* Face, Neck 45 mins | \$150 Face, Neck, Décolleté 60 mins | \$170 Vitamin Oatmeal Masque 15 mins | \$25

Buy in bulk and save: 3 for \$324 or 5 for \$528

#### VICHY SHOWER BODY SCRUBS/WRAPS

#### The Seaside Scrub | \$125

45-minute body exfoliation.

#### The Seaside Scrub | \$165

60-minute treatment featuring a full-body scrub, aroma scalp massage, masque, and mini facial.

#### The Sunless Bronze

60 mins | \$160 (incl. Vichy Shower)
30 mins | \$75 (product application)

#### France S'il Vous Plait

A Vichy Shower body polish, seaweed mud wrap, 20-minute facial, and scalp massage.

**75 mins** | \$205

45 mins | \$95 (Seaweed wrap only)

#### The Mediterranean | \$205

Boost your metabolism and smooth your skin with a warm rich gel body wrap, full of purifying ocean minerals. Mini facial & hair treatment included. 75 mins

#### **MASSAGE**

#### Massage on 4th

45 mins | \$120 (\$150 RMT) 60 mins | \$130 (\$160 RMT) 75 mins | \$150 (\$180 RMT) 90 mins | \$160 (\$190 RMT)

#### **Intensive Detoxing Back Massage**

A magical detoxifying seamud coupled with a hand and foot massage and 30-minute back massage.

60 mins | \$150

#### **Warm Stone Massage**

A deeply relaxing massage using warm oils and Swedish massage techniques combined with over 50 heated stones. **75 mins** | \$160

#### **Couples Massage**

**60 mins** | \$260 (per couple) **75 mins** | \$300 (per couple)

#### MASSAGE ADD-ONS

#### CBD Massage | add \$20

Enjoy the medical benefits of CBD for sore muscles and chronic pains.

#### ORGANIC SPRAY TAN

We use NUDA a Canadian, luxurious and vegan friendly sunless tan. Choose from a variety of shades for your perfect glow.

Head-to-toe: \$75

• Legs: \$55

· Upper body + Arms: \$55

#### **ESCAPES**

#### The Monaco | \$495

The Seaside Scrub, 45-minute massage, TimeSmart Facial, manicure, and pedicure. 3.5 hours

#### The Scrub, Massage & Facial | \$385

The Seaside Scrub, 60-minute massage, and Time-Smart Facial. 2.75 hours

#### **Les Petites Vacances** | \$250

60-minute massage plus manicure and pedicure. 2 hours

#### The St. Malo (Ooh La La!) | \$255

The Seaside Scrub plus 60-minute massage. 1.75 hours

#### L'Express | \$175

TimeSmart Facial and manicure. 1.5 hours

#### **The French Connection** | \$515 per couple

The Seaside Scrub, 60-minute couples massage, and a wine cocktail. 1.75 hours

#### The Rendez-vous | \$410 per couple

60-minute massage, couple's pedicure, and a wine cocktail. 2 hours

### PREPAY AND SAVE

Prepay 3 non RMT massages or facials save 10% Prepay 5 non RMT massages or facials save 12%